



LIST OF SPORTS & GYM EQUIPMENTS AVAILABLE AT CKCET

FITNESS EQUIPMENTS:

S.No	Name of the Equipment	Quantity
1	Life Fitness Row HX - Trainer	1
2	Life Fitness Upright Bike Se4 Console	1
3	Life fitness Treadmill Se4 Console	1
4	Life fitness Cross Trainer Se4 with Console	1
5	Multi-Functional Hydraulics (Muscle Solid)	1
6	Seated Arm Curl	1
7	Ab Bench Pro	1
8	Olympic Inclined Bench Press	1
9	Dumbell Set (2Kg-2.5Kg,5Kg,7Kg ,10Kg,12.5Kg,15. Kg)	210 Kg
10	Single Dumbbell (3Kg,4Kg)	2
11	Weight Plates (2.5Kg-6 ,5Kg-3,7.5kg-3,10kg-4 ,15kg-4)	210 Kg
12	Rod 28mm (4,5,6 Ft)	3
13	Medicine Ball (3Kg)	1
14	Swiss Ball -2	2
15	Resistance Band	1 set
16	Yoga mat	50
17	Skipping Rope	3
18	Sand bag (1/2Kg,1Kg,2Kg)	1
19	Yoga Hall	1
20	Weight cuff (1/2Kg,1Kg,2Kg)	3
21	Thera Band	1
22	Foam Roller	1
23	Vector Stim (IFT)	1
24	Ultrasound	1
25	Mobilux	1
26	Loop Band	1
27	Training Cone	15



LIST OF SPORTS EQUIPMENT'S:

S/NO	Game	Name of the Equipment	Quantity
1	Badminton	Post Net Bat	4 set 4 10
2	Basketball	Post Ball	1 Set 3
3	Ball Badminton	Post Net Bat Ball	1 Set 1 7 3
4	Chess	Board with Coins	5 Set
5	Carrom	Board with Coins	10 Set
6	Discus Throw	Disc	6
7	Cricket	Full Mat Bat & Ball Thigh & Keeper Pad Gloves Helmet Keeper Gloves	1 6 & 5 7Set & 5 Set 4 4 2 Set
8	Football	Post Net Ball	1 Set 1 Set 4
9	Handball	Post Net Ball	1 Set 1 Set 5
10	Hockey	Stick & Ball	25 & 2
11	Hammer Throw	Hammer Throw	2
12	Javelin Throw	Javelin	8
13	Kabaddi	Pro Kabaddi Mat	1
14	Kho - Kho	Post	1 Set
15	Shotput	Shotput	6
16	Table Tennis	Board Bat Ball	2 5 2 Box
17	Throw-ball	Ball	4
18	Tennikoit	Tennikoit	2
19	Relay	Baton	8
20	Volleyball	Post Net Ball	2 Set 4 Set 5
21	Weight Machine	Machine	2
21	Measuring Tape	Tape	1
22	Training Cone	Cone	20